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A theatre company came to our school recently. They acted out a really powerful play all about peer pressure and what it is like to feel bullied. The performance helped us to work out what to do if we feel we are under pressure from our peers. The actors were fantastic and afterwards we got the chance to talk through decisions we could make to make things better if we ever found ourselves in that situation. We all had to think long and hard about how our friends could feel in certain situations and how we can help one another to be the best we can be.

