

A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.

All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.

educaterers



Weekly Menu

C23 STANDARD/JKT
October 23

Week one

Warwickshire, Coventry: 20/11, 11/12, 15/01, 05/02, 26/02, 18/03
Oxfordshire : 30/10, 20/11, 11/12, 15/01, 05/02, 26/02, 18/03
Leicestershire: 30/10, 20/11, 11/12, 15/01, 05/02, 26/02, 18/03

Choose a main meal...

MONDAY

(v) Cheese and Tomato Pizza Wedge with Potato Wedges (D.G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Homemade Chocolate Cracknel (G)
or Fresh Fruit

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

Choose a main meal...

TUESDAY

(h) Minced Beef Burrito with Herby Diced Potatoes – mildly spiced minced beef, salad and grated cheese in a wrap (D.G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Homemade Crunch Cookie (G)
or Fresh Fruit

Vegetarian Only

Vegetable Burrito with Herby Diced Potatoes (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

Choose a main meal... WEDNESDAY ROAST

WEDNESDAY

British Roast Gammon Steak with Gravy

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Homemade Chocolate, Pear & Apple Crumble with Custard (G.D)
or Fresh Fruit

Vegetarian Only

(vg) Quorn Roast with Gravy (G)
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

Choose a main meal...

THURSDAY

Chicken Burger in a High Fibre Bun with Spicy Wedges (G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Mini Waffle with Toffee sauce (G.E.D.SB)
or Fresh Fruit

Vegetarian Only

Veggie Plant burger in a High Fibre Bun with Spicy Wedges (G)

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

Choose a main meal... FISHY FRIDAY
(msc) Gluten Free Breaded Fish Fillet
Fingers with Chipped Potatoes (F)

FRIDAY

Vegetarian Only

(vg) Breaded Vegetable Fingers with Chipped Potatoes (G)

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v) Cheddar Cheese, Crackers and Apple Wedges (G.D)
(v) Ice Cream (D)
or Fresh Fruit

Week two

Warwickshire, Coventry: 06/11, 27/11, 18/12, 22/01, 04/03
Oxfordshire: 06/11, 27/11, 18/12, 22/01, 04/03, 25/03
Leicestershire: 06/11, 27/11, 18/12, 22/01, 12/02, 04/03

Choose a main meal...

MONDAY

British Pork Sausages with Gravy & Mashed Potatoes (G.SU)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Ice Cream (D)
or Fresh Fruit

Vegetarian Only

(vg.) Veggie Sausages in Gravy with Mashed Potato

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

Choose a main meal...

TUESDAY

(h) Chicken & Sweetcorn Pasta Bake with Garlic Bread (G.D)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Strawberry Mousse with Fruit (D)
or Fresh Fruit

Vegetarian Only

(v,h) Tomato Pasta Bake with Freshly Baked Wholegrain Baguette (D.G)

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

Choose a main meal... WEDNESDAY ROAST

WEDNESDAY

British Roast Beef, with Traditional Yorkshire Pudding and Gravy (D.E.G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Homemade Jam Tart with Custard (G.D)
or Fresh Fruit

Vegetarian Only

(vg) Quorn Roast with Gravy (G)
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

Choose a main meal...

THURSDAY

(vg) Quorn Dippers with Herby diced Potatoes (G)

On the side...

Fresh Salad Bar
Vegetables of the Day
Baked Beans

For dessert...

(v) Homemade 'School Favourite'
Sprinkles Sponge Cake (G.E)
or Fresh Fruit

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

Choose a main meal... FISHY FRIDAY
(msc) Gluten Free Breaded Fish Fillet (F)
with Chipped Potatoes

FRIDAY

Vegetarian Only

(vg) Breaded Vegetable Fingers with Chipped Potatoes (G)

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v) Homemade Shortbread (G)
or Fresh Fruit

Week three

Warwickshire, Coventry: 13/11, 04/12, 08/01, 29/01, 19/02, 11/03
Oxfordshire: 13/11, 04/12, 08/01, 29/01, 19/02, 11/03
Leicestershire: 23/10, 13/11, 04/12, 08/01, 29/01, 11/03

Choose a main meal...

MONDAY

(v) Cheese and Tomato Pizza Wedge with Potato Wedges (D.G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Homemade Jammy Cookie (G)
or Fresh Fruit

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

Choose a main meal...

TUESDAY

(h) British Beef Bolognese with Garlic Bread (G/ cheese D)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Homemade Toffee Apple Sponge with Custard (G.D.E)
or Fresh Fruit

Vegetarian Only

(v) Homemade Veggie Bolognese with Garlic Bread (G.SB)

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

Choose a main meal... WEDNESDAY ROAST

WEDNESDAY

British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Homemade Chocolate Crunch with Pink Custard (G.D)
or Fresh Fruit

Vegetarian Only

(vg) Quorn Roast with Gravy (G)
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

Choose a main meal...

THURSDAY

Gluten Free British Pork Meatballs in a Rustic Tomato Sauce with Pasta (SB. SU, G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg) Homemade Carrot & Orange Cookie (G)
or Fresh Fruit

Vegetarian Only

(vg) Plant Power Balls in a Rustic Tomato Sauce with Pasta (G)

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

Choose a main meal... FISHY FRIDAY
(msc) Gluten Free Breaded Fish Fillet (F)
with Chipped Potatoes

FRIDAY

Vegetarian Only

(vg) Breaded Vegetable Fingers with Chipped Potatoes (G)

Jacket Potato – (v) Cheese (D),
Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v) Homemade Oaty Shortbread (G)
Fresh Fruit

Fruit Cordial or Fruity Water from the Hydration Station, Semi Skimmed Milk & Fresh Bread are also offered daily

Vegetable accompaniments change to reflect seasonal availability.

ALLERGEN KEY

Vg = Vegan
V = Vegetarian

G = Gluten/ wheat
N = Coconut/nuts
S = Sesame

F = Fish
M = Mustard
SU = Sulphites
D = Dairy
E = Egg
SB = Soya



Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.