# Online Safety Parent Session

6/2/24

Exploring topics related to the theme of Safer Internet Day 2024 "Inspiring change? Making a difference, managing influence and navigating change online."

- https://youtu.be/Ag4KlJEyrBo

# Useful websites for Parents and Carers

- https://www.claphamterrace.info/school-information/staying-safe

**UK Safer Internet Centre**

- https://saferinternet.org.uk/guide-and-resource/parents-and-carers

**Childnet**

https://www.childnet.com/help-and-advice/parents-and-carers
https://www.childnet.com/parents-and-carers/get-help

Under 5s:
https://www.childnet.com/help-and-advice/keeping-young-children-safe-online
https://www.childnet.com/resources/a-learning-to-read-book / https://www.childnet.com/resources/digiduck-stories

**common sense media**  https://www.commonsensemedia.org - reviews of apps and games

**National Online Safety**  https://nationalcollege.com/parents

**childline**
ONLINE, ON THE PHONE, ANYTIME  https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/staying-safe-online/?in_type=under12service

# Top Tips for Parents and Carers

- See handout

**Top Tips for Parents and Carers**

These top tips have been written for you (parents and carers) to help you support your child to stay safe and happy online.
*This Safer Internet Day make space for....*

**Make space for regular conversations about life online**

Talk openly and frequently about what you are doing online and encourage your child to do the same. Talk about the positive experiences you can have online, share what you have done when you have come across content you did not want to, and how you dealt with the situation.

**Make space for enjoying and exploring the online world together!**

Play games, watch videos, and express an interest in your child's online life. Celebrate all the opportunities that technology has to offer, and show them what a great space the internet can be when used responsibly.

**Make space for working as a family to agree expectations for going online**

Talk to your family about the role technology plays in your lives. Establish rules and expectations that encourage meaningful use of technology, in the same way you set boundaries in other areas of your children's lives. It's important to review these regularly and adapt them for each member of your family.

**Make space for learning about the apps, games and websites your child is using**

There are lots of tools and guides to support you with keeping your child safe on whatever apps, games and websites they are using. Research age ratings, privacy settings, and safety features (like the block and report button) so that you are best placed to help your child should anything go wrong.

**Make space for supporting and reassuring your child if things go wrong**

Remind your child they can talk to you about anything. If something goes wrong, listen and respond with reassurance and kindness and stay calm. Work with your child to find solutions to the problem, perhaps by using the block and report tools or seeking advice from your child's school.

# Any questions?