

A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.

All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.

educaterers®



# Weekly Menu

C23 CHOICE / JKT  
April 2025

## Week one

Warwickshire, Coventry: 05/05, 02/06, 23/06, 14/07, 08/09, 29/09, 20/10  
Oxfordshire: 05/05, 02/06, 23/06, 14/07, 08/09, 29/09, 20/10

### MONDAY

#### Choose a main meal...

Melting Pork Meatball Pasta Bake with Cheese served with Crusty Bread (G.D)

(v)(h) Vegetable Enchilada (Wrap filled with vegetables, sprinkled with cheese) served with Herby Diced Potatoes (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(v)(h) Chocolate Cracknel (G)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### TUESDAY

#### Choose a main meal...

(h) Chicken and Veg Pie served with Potato Wedges (G)

(v) Cheese and Tomato Pizza Wedge served with Potato Wedges (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(v)(h) 'School Favourite' Sprinkles  
Sponge Cake (G.E.)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### WEDNESDAY

#### Choose a main meal... WEDNESDAY ROAST

British Roast Beef, with Traditional Yorkshire Pudding and Gravy (D.E.G)

(vg) Classic Quorn Roast in Gravy with (v) Yorkshire Pudding (D.E.G)  
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(v)(h) Raspberry & Apple Sponge with Custard (D.G.E.)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### THURSDAY

#### Choose a main meal...

(vg) Crispy Quorn Dippers in a Wrap with Tomato Salsa served with Crispy Diced Potatoes (G)

(v)(h) Cheese and Potato Pasty served with Crispy Diced Potatoes (G.D.E)

Jacket Potato – (v) Cheese (D), or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(v) Ice Cream (D)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### FRIDAY

#### Choose a main meal... FISHY FRIDAY

(msc) Battered Fish Fillet (G.F) served with Chipped Potatoes

(v)(h) Texan Sausage & Bean Bake (with Baked Beans) served with Garlic bread Roll (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Peas or Baked Beans

#### For dessert...

(vg) Jelly with Fruit  
(v) Yoghurt (D.SB)  
Fresh Fruit

## Week two

Warwickshire, Coventry: 12/05, 09/06, 30/06, 15/09, 06/10  
Oxfordshire: 21/04, 12/05, 09/06, 30/06, 21/07, 15/09, 06/10

### MONDAY

#### Choose a main meal...

(h) Moroccan Chicken Pasta (Mildly Spiced) served with Freshly Baked Malted Wheat Baguette (G)

(vg) Breaded Golden Vegetable Fingers served with Crispy Diced Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(vg)(h) Flapjack (G)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### TUESDAY

#### Choose a main meal...

(v)(h) Rustic Pizza Wedge served with Crispy Diced Potatoes (G.D.SB)

(v)(h) Roasted Vegetable Frittata (omelette) served with Crispy Diced Potatoes (D.E)

Jacket Potato – (v) Cheese (D), or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(vg)(h) Shortbread (G)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### WEDNESDAY

#### Choose a main meal... WEDNESDAY ROAST

British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)

(vg) Classic Quorn Roast in Gravy with Sage and Onion Stuffing (G)  
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(v) Ice Cream (D)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### THURSDAY

#### Choose a main meal...

British Pork Sausages served with Mashed Potatoes (G.SU.SB.D)

(v) Sweet 'n' Sour Quorn served with Rice (E)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(v)(h) Peach Melba Sponge (G.E)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### FRIDAY

#### Choose a main meal... FISHY FRIDAY

(msc) Battered Fish Fillet (G.F) served with Chipped Potatoes

(vg) Plant power Burger in a Bun served with Chipped Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Peas or Baked Beans

#### For dessert...

(vg) Jelly with Fruit  
(v) Yoghurt (D.SB)  
Fresh Fruit

## Week three

Warwickshire, Coventry: 28/04, 19/05, 16/06, 07/07, 01/09, 22/09, 13/10  
Oxfordshire: 28/04, 19/05, 16/06, 07/07, 01/09, 22/09, 13/10

### MONDAY

#### Choose a main meal...

(v) Cheese and Tomato Pizza Wedge served with Seasoned Potato Wedges (G.D)

(vg)(h) Quorn and Bean Tostada (Toasted Tortilla topped with Quorn Pieces and Kidney beans mildly spiced) served with Seasoned Potato Wedges (G)

Jacket Potato – (v) Cheese (D), or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(v)(h) Crunch Cookie (G)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### TUESDAY

#### Choose a main meal...

(h) British Beef Bolognese served with Garlic Bread (G/ cheese D)

(vg) Plant power Hotdog served with Herby Diced Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(v)(h) Lemon / Orange Drizzle Cake (G.E)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### WEDNESDAY

#### Choose a main meal... WEDNESDAY ROAST

British Roast Pork Slice, Apple Sauce and Gravy

(vg) Classic Quorn Roast with Gravy (G)  
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(v) Strawberry Whip with Fruit (D)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### THURSDAY

#### Choose a main meal...

Beef Burger in a Bun served with Crispy Diced Potatoes (G.SB.SU)

(vg) Breaded Golden Vegetable Fingers served with Crispy Diced Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Vegetables of the Day

#### For dessert...

(v)(h) Chocolate Frosted Sponge (G.E.D)  
(v) Yoghurt (D.SB)  
Fresh Fruit

### FRIDAY

#### Choose a main meal... FISHY FRIDAY

(msc) Fish Fillet Fingers (G.F) served with Chipped Potatoes

(v)(h) Tomato Pasta Bake served with Freshly Baked Malted Wheat Baguette (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

#### On the side...

Fresh Salad Bar  
Peas or Baked Beans

#### For dessert...

(v)(h) Melting Moment Biscuit (G.SU)  
(v) Yoghurt (D.SB)  
Fresh Fruit

Fruit Cordial or Fruity Water from the Hydration Station, (v) Semi Skimmed Milk & (vg) Homemade Fresh Bread are also offered daily

**ALLERGEN KEY**  
Vg = Vegan  
V = Vegetarian  
H = Homemade

G = Gluten / Wheat  
C = Celery  
S = Sesame

F = Fish  
M = Mustard  
SU = Sulphites

D = Dairy  
E = Egg  
SB = Soya



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### Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.



## Monday



**Pork Meatball Pasta Bake G.D**

or



**(v) Vegetable Enchilada G.D**

or



**(v) Cheese/Beans D.**

or



**(v) Cheese D.**

or



**Tuna Mayonnaise F.E.**

Jacket Potatoes Every Day

## Tuesday



**Chicken Pie G.**

or



**(v) Cheese & Tomato Pizza Wedge G.D**

## Wednesday



**Roast Beef in Gravy, York Pud D.E.G**

or



**(vg) Quorn Roast G.  
(v) Yorkshire Pudding D.E.G**

## Thursday



**(vg) Quorn Dippers in a Wrap G**

or



**(v) Cheese & Potato Pasty D.E.G**

## Friday



**Battered Fish Fillet F.G**

or



**(v) Texan Sausage & Bean Bake G.D**

## Week 1 Dessert Menu

### Monday

(v) Homemade Chocolate Cracknel (G)

### Tuesday

(v) Homemade 'School Favourite' Sprinkles Sponge Cake (G.E.)

### Wednesday

(v) Homemade Raspberry & Apple Sponge with Custard (D.G.E.)

### Thursday

(v) Ice Cream (D)

### Friday

(vg) Jelly with Fruit

### Every day we offer:

(v) Yoghurt, (D.SB) or  
Fresh fruit as alternative dessert options

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

**Accompaniments may vary to those shown.**

**PLEASE NOTE** some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

### Key

vg = vegan

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

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### Allergies

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## Monday



**Moroccan Chicken Pasta G**

or



**(vg) Crispy Vegetable Fingers G**

or



**(v) Cheese/Beans D.**

Jacket Potatoes Every Day

## Tuesday



**(v) Rustic Pizza Wedge G.D.SB**

or



**(v) Roasted Vegetable Frittata D.E**

or



**(v) Cheese D.**

or



**Tuna Mayonnaise F.E.**

## Wednesday



**British Roast Chicken, Stuffing G.**

or



**(vg) Quorn Roast G.  
Optional Stuffing G.**

## Thursday



**Pork Sausages G.SU.SB**

or



**(vg) Sweet 'n' Sour Quorn E**

## Friday



**Battered Fish Fillet F.G**

or



**(vg) Plant Power Burger in a Bun G.**

## Week 2 Dessert Menu

### Monday

(vg) Homemade Flapjack (G)

### Tuesday

(vg) Homemade Shortbread G.

### Wednesday

(v) Ice Cream Tub D.

### Thursday

(v) Homemade Peach Melba Sponge (G.E)

### Friday

(vg) Jelly with Fruit

### Every day we offer:

(v) Yoghurt, (D.SB)  
or fresh fruit as alternative dessert options

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

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## Monday



(v) Cheese & Tomato Pizza G.D.

or



(vg) Quorn & Bean Tostada (Tortilla) G.

or



(v) Cheese/Beans D

Jacket Potatoes Every Day

or



(v) Cheese D.

## Tuesday



Pasta Bolognese G./Cheese D.

or



(vg) Plant Power Hot Dog G.

## Wednesday



Roast Pork Slice

or



(vg) Quorn Roast G.

or



Tuna Mayonnaise F.E.

## Thursday



Beef Grill G.SB.SU in a Bun G.

or



(vg) Crispy Vegetable Fingers G

## Friday



Breaded Fish Fillet Fingers F.G

or



(v) Tomato Pasta Bake D.G.



## Week 3 Dessert Menu

### Monday

(v) Homemade Crunch Cookie (G)

### Tuesday

(v) Homemade Lemon / Orange Drizzle Cake (G.E)

### Wednesday

(v) Strawberry Whip with Fruit (D)

### Thursday

(v) Homemade Chocolate Frosted Sponge (G.E.D)

### Friday

(v)(h) Melting Moment Biscuit (G.SU)

### Every day we offer:

(v) Yoghurt, (D.SB)  
or fresh fruit as alternative dessert options

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

**Accompaniments may vary to those shown.**

**PLEASE NOTE** some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

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